



Thank you to the **Substance Abuse and Mental Health Services Administration** for providing this information! <http://www.samhsa.gov/>

For the Federally Qualified Health Centers (FQHC) <http://findahealthcenter.hrsa.gov/index.html>
Enter your address, hit search and select the closest medical facility to you.

For the community mental health services/centers go to <https://www.findtreatment.samhsa.gov/>
Enter your address and nearby treatment services will come up.

You can also go to Yellow Pages <http://www.yellowpages.com/>
Using the search bar "*What do you want to find?*" type community mental health services
"*near*" type your city, state, or zip code. This brings up a list of mental health services/providers.

For resources from the National Alliance on Mental Illness (NAMI) www.nami.org
The National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.
In the box "*Find your local NAMI*" enter state, the NAMI organizations will be listed.

Facebook now reaches out to persons who may be expressing suicidal ideation on a Facebook post. More information here,
<http://themighty.com/2016/04/facebook-creates-new-suicide-prevention-support-tool/>

National Suicide Prevention Lifeline <http://suicidepreventionlifeline.org/#>
1-800-273-8255